Consumers want hybrid virtual/in-person care—but there are still some kinks to work out

Article



The news: Consumers prefer a hybrid model of care that combines in-person and virtual care over just telehealth or just in-person care, per a new GoodRx survey of over 1,000 patients





and 600 providers.

- Over 60% of respondents plan on using a hybrid model of care post-pandemic.
- And only 12% of respondents wanted to ditch virtual care altogether and opt for only inperson visits.

Telehealth's rise to relevance: Consumers flocked to telehealth amid the pandemic and became accustomed to its convenience, accessibility, and cost-friendly entry point.

Only 17% of consumers used telehealth prior to the pandemic, but 47% turned to telehealth during the COVID-19 pandemic.

Telehealth visits grant consumers convenience and accessibility. They can easily schedule appointments online instead of dealing with phone calls, and they can access providers ondemand, oftentimes 24/7, for their care needs.

Telehealth can also improve overall quality of care by tending to a more personalized patient-provider relationship. Around 40% of consumers say they interact with providers more because of telehealth.

And virtual visits are often cheaper than in-person visits. An average telehealth visit costs **\$79**, while an in-person visit can cost more than <u>double</u> that.

What about consumers who aren't using telehealth? While there's a chunk of consumers who prefer traditional in-person care, most just haven't found the opportunity to try it.

36% of consumers prefer in-person visits and 25% haven't used telehealth because they're unfamiliar with it—but most of them (62%) just haven't had an issue that required a telehealth visit.

The catch with hybrid care? Telehealth isn't a one-size-fits-all solution across all specialties/patient needs, and high rates of virtual no-shows could threaten providers' plans to go hybrid.

 Areas like mental health and chronic care have the largest telehealth growth, while other specialties may not integrate as smoothly with telehealth.

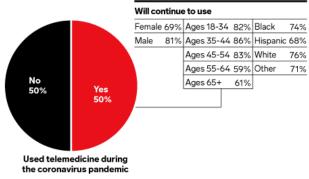
Plus, 45% of providers said the no-show rates for telehealth visits were higher or much higher than in-person rates.



 This is probably because of the low risk of cancellation—it is not as expensive to cancel a virtual appointment, and patients can easily reschedule another appointment online.

US Adults' Telemedicine Service Usage During the Coronavirus Pandemic and the Intention to Use Telemedicine Post-Pandemic, by Demographic, April 2021

% of respondents in each group



Source: Healthinsurance.com survey as cited in press release, April 16, 2021

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