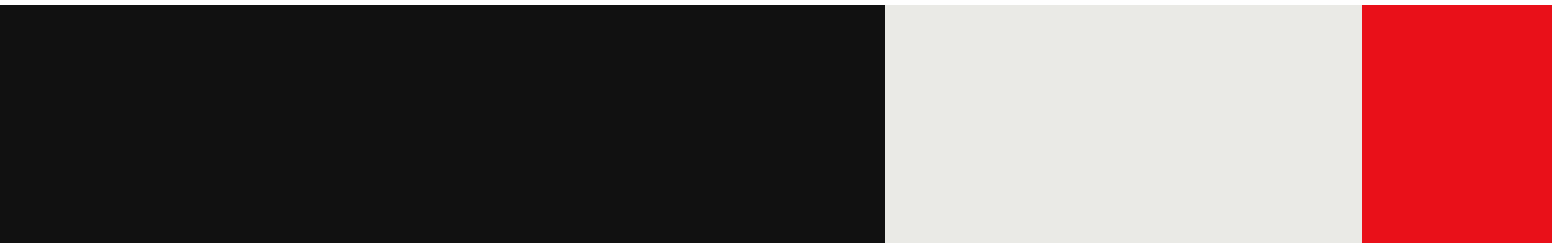


The 'always-with-you' doctor, health tracking devices, and the 'quantified self'

Audio

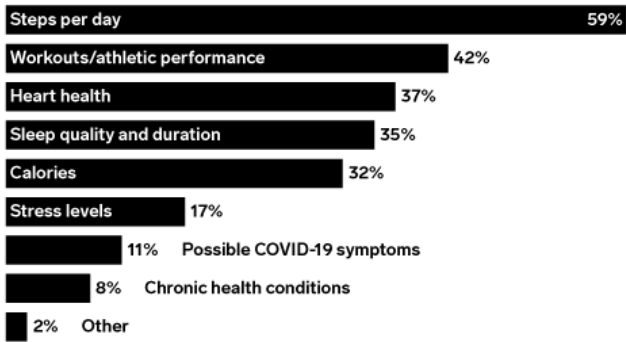


On today's episode, we discuss what it would be like to have a doctor checking on you all the time, what devices are most likely to be used for remote patient monitoring, and the

"quantified self" movement. Tune in to the discussion with eMarketer principal analyst at Insider Intelligence Lisa Phillips.

What Health/Fitness Metrics Do US Wearable Users Track with Their Wearable Devices?

% of respondents, March 2021



Note: ages 14+ who personally own and use a smartwatch, health and fitness tracker, or both
Source: Deloitte, "Connectivity & Mobile Trends 2021: How the Pandemic Has Stress-Tested the Crowded Digital Home," June 9, 2021
266822 InsiderIntelligence.com

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